Effect of Nitrogen Fertilization and Foliar Application with Iron Plus Molybdenum on Quality Parameters and Chemical Composition of Jews Mallow Plant (*Corchorus olitorius L.*)

Dina A. Ghazi

Soils Department, Faulty of Agriculture, Mansoura University, Mansoura, Egypt. E-mail: dinaghazi3@gmail.com.



ABSTRACT

A field experiment was carried out at the Experimental Farm, Faculty of Agricultural, Mansoura University, Dakahlia Governorate, Egypt in 2015/2016 season to estimate response of Jews mallow plant (Corchorus olitorius L.) cv. Balady to nitrogen (N) fertilizer and foliar spraying with Fe plus Mo. Nitrogen was applied in five rates (0, 50, 100, 125 and 150 %) as NH₄NO₃ (33.5% N) from recommended dose (RD) in the presence and absence of iron (Fe) plus molybdenum (Mo) as a foliar way, at the rates of 250 and 75 mg L⁻¹ Fe and Mo, respectively on vegetative growth parameters, chemical composition and quality parameters for Jews mallow plant. A completely randomized block design was used, with 10 treatments with three replicates. According to results, vegetative growth parameters, chlorophyll a, b and total, vitamin C, total carbohydrates and concentration of P, K, Fe and Mo in Jews mallow leaves plant increased significantly with increasing nitrogen fertilization rate up to 100% from recommended dose (RD) at marketing stage. With increase in N level up to 150% RD, fresh weight, concentration of N, protein percentage, NO₃-N and NO₂-N contents in the leaves of Jews mallow plant were significantly increased. On the different of this tendency; nitrate reductase enzyme activity (NRAA), vitamin C and total carbohydrates were significantly decreased with increasing nitrogen fertilizer rates from 100 to 150 % RD in the leaves of Jews mallow plant. Also, results showed that foliar spraying with iron (Fe) plus molybdenum (Mo) in 50, 100, 125 and 150 % N from recommended dose significantly improved vegetative growth parameters, quality parameters and chemical composition, in Jews mallow leaves. Analysis of NO₃-N and NO₂-N contents in leaves revealed that NO₃-N and NO₂-N concentrations decreases while nitrate reductase enzyme activity (NRAA) was more pronounced increases in the presence of foliar spraying with iron (Fe) plus molybdenum (Mo) with all levels of N fertilization. Moreover, it is concluded that iron plus molybdenum at the rate of 250 and 75 mg L⁻¹ under 100% N from recommended dose increases vegetative growth parameters, quality parameters and chemical composition (except for NO₃-N and NO₂-N contents) in Jews mallow leaves. Thus protecting human health from the risk of accumulation of nitrates.

Keywords: Jews mallow; N fertilization; iron and molybdenum spraying; Nitrate and nitrite accumulation.

INTRODUCTION

Jews mallow (*Corchorus olitorius L*.) is an important indigenous leafy vegetable in many countries, including Egypt (Samra *et al.*, 2007). Jews mallow play an important role in household food security and nutrition which has varying proportion of protein required for health and dietary fibre (Tovihoudji *et al.*, 2015). It contains antioxidative phenolic compounds, vitamins B1, B2, C and E, abundant β - carotene, and minerals so; it is extremely consumed as a health vegetable.

Nitrogen is a macronutrient essential for the success of all known life forms, including grow crops and development. For this reason, nitrogen is the key factor limiting growth where play a vital role in plant performance in most agricultural systems. Nitrogen is a significant elemental in most of the biochemical reactions that compose life where it is a constituent of nucleic acids and proteins, in many of the vitamins and some of the plant growth regulators. The improvement of vegetative characteristics, this is attributed to nitrogen is a component in chlorophyll synthesis, hence it is a catalyst to support CO₂ assimilation and photosynthesis required for facilitate and healthy growth. While, deficiency of nitrogen in soil resulted in reduced of the vegetative growth parameters of crops and hence stunted plants. Generally, the obtained data clearly showed that, Jute mallow (Corchorus olitorius L.) recorded a good response to the application of nitrogen fertilization, result in excessive vegetative growth, nutritional values and achieve higher yield and economic benefit (OguNRAinde and Fasinmirin, 2011).

Mahmoud *et al.*, (2014) showed that Jews mallow (*Corchorus olitorius L.*) plant growth, as plant length, no. of leaves plant⁻¹, dry and fresh weight of leaves (g). As

well as dry and fresh weight of whole plant, yield as well as its leaf contents of the protein, N, P and K were higher in the order of application of 60 > 45 > 30 kg N fed⁻¹. Where, he found that with increasing N P K rates from 30 up to 90 units fed⁻¹, the growth, yield and leaves contents of nutritional value of Jews mallow plant attributes were increased. These results are in agreement with those obtained by El-Ghamry, (2010) on rocket plant, Ahmadi *et al.*, (2010), Islam *et al.*, (2011) on radish plant, Aisha *et al.*, (2013) on spinach plant and Mahlangu *et al.*, (2016) on lettuce plant.

Ronaghi *et al.*, (2002) pointed out that the N application increased N concentration and chlorophyll content. Also, they found that decreased of Fe concentration in spinach as a result of increased N application. The reason for this is the increase in plant biomass resulting from the dilution effect (Gulser 2005). El-Ghamry (2010) found that a significant decrease in values of Fe and Mo in rocket leaves due to increasing rates of N fertilization. Aisha *et al* (2013) found that the heaviest total leaves yield (ton fed⁻¹) and its nutritional values, i.e. N, P, K, protein and NO₃ contents in leaf tissues were increased with addition of 70 % of recommended rate (RR) of chemical fertilizer.

Spinach, lettuce, cabbage, radish, rocket and Jews mallow as a leafy vegetables need N-fertilizers, so in Egypt, to be maintained green color of the foliage and enhancement the quality of crops without any care of the negative residual effect for this reason, large quantities of nitrogen fertilizer are consumed by farmers (Abd-Allah, 2001). If excessive N fertilizer had been applied to leafy vegetables, a large accumulation of nitrate concentration in the edible parts of these leafy plants occurs, therefore, there is damage to human health when consuming these plants.

However, excessive amounts of nitrogen may cause some physiological disorders and some pathological problems. When nitrogen oversupply, it can lead to leaching of nitrate in the environment with negative effects on profitability, resource conservation, water pollution, a decrease in quality and human health due to nitrate accumulation. In the soil, nitrate ions usually complexes with amino compounds as the production of some pesticides degradation to produce carthenogenic substances that harm animals and human such as nitrosamine compounds. FAO (2000) a mounted 3.6 mg for nitrate and 0.36 mg for nitrite day-1 kg-1 for human body as the critical level recommended. When NO₃ is consumed a large amounts, we have to consider two problems the formation carthenogenic substances. in addition to methaemoglobinaemia (blue baby syndrome) and stomach cancer. Hemoglobin molecule has the important function of transporting oxygen. Methaemoglobin is an oxidized form of haemoglobin. When more than 1% of hemoglobin oxidized to methaemoglobin, in this case, methaemoglobin level is abnormally high thus the condition is known as methaemoglobinaemia. (Boink and Speijers, 2001). Nitrate itself in contrast to nitrite does not have the ability to transform haemoglobin into methaemoglobin. Nitrite oxidation of oxyhaemoglobin is reported according to the equation of Kosaka et al. (1979) as follows:

4HbO₂ + 4NO₂ + 4H⁺------ 4Hb⁺ + 4NO₃ + O₂ + 2H₂O (HbO₂; Oxyhaemoglobin; Hb+; Methaemoglobin)

Therefore adequate N doses must be applied on Jews mallow at the right quantity to favour both growth and yield to avoid nitrate accumulation.

Concerning the effect of Fe and Mo, micronutrients especially iron and molybdenum coupled with N levels were found to be achieving a positive effect on the vegetative growth parameters and yield of Jews mallow plant and its components and chemical composition of leaves compared to non-sprayed plant with all levels of N fertilization. But reduces No₃ content compared to N-application alone (Abd-Allah, 2001; El-Sawah *et al.*, 2004; Salem, 2009).

El-Ghamry, (2010) who found that gradually and significantly increased for $\mathrm{No_3}^{\text{-1}}$ and $\mathrm{NO_2}^{\text{-1}}$ concentrations in the fresh leaves of rocket plant with increasing N fertilization levels from 0 up to 140 kg N ha⁻¹. In contrast, significantly decreased the activity of nitrate reductase enzyme with increasing nitrogen fertilization levels.

Therefore, the objective of this field study was to evaluate the effect of different rates of nitrogen fertilization and foliar spraying with (Fe + Mo) as on vegetative growth, chemical composition and quality parameters in the leaves of Jews mallow plant.

MATERIALS AND METHODS

A field study was set up at the experimental farm, Faculty of Agricultural, Mansoura University, Dakahlia Governorate, Egypt in growing season of 2015/2016. This present research aimed to evaluate the effect of different rates of nitrogen fertilization and foliar spraying with (Fe + Mo) on vegetative growth, chemical composition, quality parameters as well as NO₃-N, NO₂-N, nitrate reductase (NRA) enzyme activity in the leaves of Jews mallow plant (*Corchorus olitorius L.*) cv. Balady. The physico-chemical properties of soil showed that the soil of experimental site was clay loam in texture and poorly fertile soil. Some physico-chemical properties of the studied soil have been presented in Table 1.

Table 1. Some physico-chemical properties of the soils collected from the experimental field.

Soil Properties		Method use		
A: Particle size distribution				
Property	2015/2016			
Coarse Sand (%)	2.77			
Fine Sand (%)	21.95	The international ninette method Diner (1050)		
Silt (%)	47.11	The international pipette method Piper, (1950)		
Clay (%)	28.17			
Texture class	Clay Loam			
B: Chemical properties				
Analysis	Values	Method adopted		
Soil pH (1:2.5)	8.05	pH meter (Jackson, 1967)		
Electrical conductivity (dS m ⁻¹) (1:5)	0.93	Electrical conductivity meter at 25°C (Jackson, 1967)		
O.M (%)	1.51	Walkley and Black method (Black, 1965)		
CaCO ₃ (%)	3.87	Collin's calcimeter (Piper, 1950)		
C: Available macro and micro nutrient	(mg kg ⁻¹)			
N	41.96	The conventional method of Kjeldahl (Bremner and Mulvany 1982)		
P	4.75	Spectrophotometer (Olsen and Sommers 1982)		
K	177.9	Flame photometer (Black, 1965)		
Fe	1.98	DTDA autractable method (Lindsov and News) 1070)		
Mo	0.53	DTPA extractable method (Lindsay and Norvel 1978)		

A completely randomized block design was used, with 10 treatments with three replicates to estimate the effect of different levels of N-fertilization; 0, 50, 100, 125 and 150 % as NH₄ NO₃ (33.5% N) from the recommended dose (RD) according to the Ministry of

Agriculture and Soil Reclamation (MASR), $60 \text{ kg N} \text{ fed}^{-1}$ in the presence and absence of (Fe + Mo) as a foliar way, Fe-EDTA at the rate of 250 mg L^{-1} and Mo as Ammonium molybdate at the rate of 75 mg L^{-1} .

Description of N treatments

Code	N Treatments	Code	N Treatments
T1	Zero N-fertilization as Control	T6	100% mineral nitrogen (N) + (Fe + Mo)
T2	Foliar spraying with Fe 250 mg L ⁻¹ + Mo 75 mg L ⁻¹	T7	125% mineral nitrogen (N) from recommended dose (RD)
T3	50% mineral nitrogen (N) from recommended dose (RD)	T8	125 % mineral nitrogen (N) + (Fe + Mo)
T4	50 % mineral nitrogen (N) + (Fe + Mo)	T9	150% mineral nitrogen (N) from recommended dose (RD)
T5	100% mineral nitrogen (N) from recommended dose (RD)	T10	150 % mineral nitrogen (N) + (Fe + Mo)

The N fertilizer is applied in two equal doses; one after 21 days from sowing and the second 15 days later. Foliar applications of Fe plus Mo were done at the same time of nitrogen fertilizer addition. All the other cultivation processes according to (MASR).

Plants of six meters square were build-up. Each plot consisted (3 m in length x 40 cm in width) included 5 rows. Jews mallow seeds cv. Balady were planted on 30th of March; 2016 season in hills; 15 cm apart on both sides of rows. Jews mallow was thinned to 3 plants per hill after two 21 days from sowing.

At 60 days after sowing of Jews mallow, 20 plants were taken at random from every plot. plant growth parameters; plant length (cm), no. of leaves plant⁻¹, dry and fresh weight (g plant⁻¹), total yield ton fed⁻¹, chlorophyll contents (mg.g⁻¹) and then, nitrate, nitrite contents, nitrate reductase enzyme activity, protein, vitamin C, and total carbohydrates percentage were measured. Samples were oven dried, then chemical composition in leaves of jews mallow plant N, P and K as well as Fe and Mo (mg kg⁻¹) were estimated.

Jews mallow Leaves were oven dried at 70 °C for 72 h to constant weight after 60 days (harvest stage) from planting, then wet digested by using H₂SO₄ and HCLO₄ acid as described by Peterburgski, (1986).The total NPK were determined in Jews mallow leaves using the following methods: total nitrogen (%) using micro-Kjeldahl, phosphorus (%) was determined calorimetrically and potassium (%) using a flame photometer by Jackson (1967), respectively.

Total iron and molybdenum were measured in aqua regia digestion, the procedure recommended by the International Organization for Standardization (ISO) (1995). Metals content in digested solution were estimated using atomic absorption spectrophotometer (AAS).

Nitrate and nitrite were measured by using a rapid method of Singh (1988). Nitrate reductase enzyme activity described by Hageman and reed, (1980).

Protein content (%) was determined in the dry leaves by determination of N% and was multiplied in 5.75 according to AOAC (2007).

Percentage of total carbohydrates and vitamin C were determined using the method described by Dubois *et al.*, (1956) and Mazumdar and Majumder (2003), respectivelly.

Chlorophyll contents were determined according to the method of Sadasivam and Manickam (1996).

Statistical Analysis:

In this current study, the collected data were analyzed using the statistical analysis by means of COSTATE software program according to the method described by (Gomez and Gomez 1984)

RESULTS AND DISCUSSION

Plant Growth Parameters

The effect of different rates of N fertilization and Fe + Mo combined together as foliar spraying on plant length (cm), number of leaves plant-1, dry and fresh weight (g plant⁻¹), and total yield ton fed⁻¹ for Jews mallow plant at marketing stage were shown in Table 2. It can be observed that; an application of N-fertilization levels studied affected in single form or combined with Fe plus Mo in foliar way showed a positive effect on all vegetative growth parameters compared with the control treatment. The average values of all vegetative growth parameters under present study (except for fresh weight g plan⁻¹) were significantly increased with increasing levels of N fertilization from 50 to 100 % RD in single form over the control treatment. While, these average values were significantly decreased with increasing the level of Nfertilization from 100 to 125 or 150 % RD in single form. Increasing the rate of N-fertilization from 50 to 150 % RD in single form was led to significantly increase in the average values of fresh weight g plan⁻¹.

Table 2. Effect of different levels of N-fertilization, Fe + Mo as foliar way on plant length (cm), no. of leaves plant⁻¹, dry and fresh weight (g plant⁻¹), and total yield ton fed⁻¹ of Jews mallow plant during 2015/2016 season.

Treatments	Plant Length (cm)	No. of leaves plant ⁻¹	Fresh Weight g plant ^{-F}	Dry Weight g plant ¹	Yield ton fed ⁻¹
Control	28.33 ± 1.15	22.00 ± 2.00	24.71 ± 0.67	6.77 ± 0.25	8.96 ± 0.29
Fe + Mo	29.00 ± 2.00	23.00 ± 2.00	25.74 ± 0.29	7.18 ± 0.32	9.22 ± 0.27
50 % N	30.33 ± 1.15	24.00 ± 2.00	26.81 ± 0.32	7.60 ± 0.29	9.72 ± 0.21
50 % N + (Fe + Mo)	34.33 ± 1.15	28.00 ± 2.00	27.82 ± 0.39	9.50 ± 0.25	$10.88 \pm .29$
100 % N	32.66 ± 1.15	27.00 ± 2.00	28.91 ± 0.38	9.05 ± 0.35	10.62 ± 0.23
100 % N + (Fe + Mo)	37.33 ± 1.15	30.00 ± 2.00	31.90 ± 0.42	10.83 ± 0.30	11.69 ± 0.26
125 % N	32.00 ± 2.00	25.00 ± 2.00	29.79 ± 0.32	8.56 ± 0.33	10.32 ± 0.14
125 % N + (Fe + Mo)	36.66 ± 1.15	28.33 ± 3.05	32.93 ± 0.39	10.36 ± 0.38	11.43 ± 0.21
150 % N	30.66 ± 1.15	24.33 ± 3.05	30.86 ± 0.38	8.13 ± 0.35	10.02 ± 0.22
150 % N + (Fe + Mo)	36.00 ± 2.00	29.00 ± 2.00	33.99 ± 0.35	9.92 ± 0.32	11.24 ± 0.19
F.Test	**	**	**	**	**
LSD at 5%	1.2129	1.9999	0.3396	0.2736	0.2068

±SD: standard deviation

Table 2, shows foliar spraying with Fe + Mo in combination with any levels of N-fertilization was significantly increased the average values of all vegetative growth parameters as compared to the untreated plants. Results further revealed that the maximum plant height (37.33 cm), no. of leaves plant⁻¹ (30.00), dry weight (10.83 g plant⁻¹), and total yield (11.69 ton fed⁻¹) were found in 100 % N and Fe + Mo treatment, which were 31.76, 36.36, 59.97 and 30.46 % higher over the control, respectively

Leaf chlorophyll contents

As shown in Fig 1, the same trend of plant growth parameters was realized in chlorophyll contents in Jews mallow leaves. Results indicated that the maximum leaf chlorophyll a, b and total chlorophyll were obtained for the treatment of 100 % RD and receiving foliar application of iron @ 250 mg L^{-1} and molybdenum @75 mg L^{-1} . Plants fertilized with soil applied N-fertilization rates at 125 and 150 % RD alone or combination with foliar spraying with Fe + Mo showed leaf chlorophyll a, b and total chlorophyll less than obtained from 100 % RD. However, control treatment showed the lowest values for leaf chlorophyll a, b and total in Jews mallow leaves.

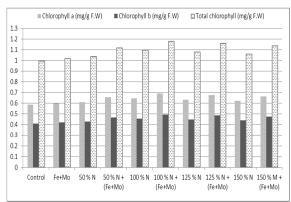


Fig. 1. Effect of different levels of N-fertilization, Fe plus Mo as foliar way on chlorophyll a, b and total, in Jews mallow leaves plant.

Results of the previously mentioned traits can be explained on the basis of; the increases in vegetative growth parameters of Jews mallow plant as the applied nitrogen rate increased may be attributed to nitrogen is a significant elemental on producing more tissues and organs because it is stimulating the meristematic activity and constituent of proteins, many important substances of plant cell, nucleic acid (RNA and DNA), thus it is critical in improving growth and yield of vegetable crops. Also; this increase may be reconfirm the role of nitrogen fertilizer in promoting vegetative growth and impart the characteristics of deep green color to foliage because it is a component synthesis of chlorophyll which is essential for photosynthesis, functions of enzymes and metabolic processes depend on an adequate supply of mineral nutrients like nitrogen.

It was observed that 150% N of the recommended dose resulted in an increase in moisture in Jews mallow leaves. Therefore, there was a significant considerably

increase in the average values of fresh weight for Jews mallow leaves with the level of N fertilization was increased. Similar results about different plants were reported by (Shaheen *et al.*, 2012; Aisha *et al.*, 2013; Mahmoud *et al.*, 2014 and Abdelraouf 2016).

Data also indicated that foliar spraying with Fe + Mo together have been recorded a pronounced high effects on the average values of all previous parameters with all levels of N fertilization under present research. The appropriate role of Fe and Mo on stimulating plant bioactivities, biosynthesis of amino acids, protein, and chlorophyll resulting from enzymatic system as well as throughout improvement of the nutrient status. These results are agreement with (El-Agrodi et al., 2001; Salem, 2009; El-Ghamry, 2010; and EL-Aila et al., 2015). Iron is an important element in crops, because it is necessary for synthesization of chlorophyll, keeps up the structure of chloroplasts, involved in nitrogen fixations which lead to higher crop production and leaf area increase. Molybdenum stimulates growth, increases chlorophyll contents and yield of some green vegetable plants (Kheir et al., 1991). Also, lacking of molybdenum in plants creates some abnormal changes in plant chloroplast and causes reduce in chlorophyll contents. But on the other hand, Mo fertilizers of molybdenum when provided to the plant generally accelerate the photosynthetic activities and products of photosynthesis (Nasar and Shah 2017).

$N, P, K (\%), Fe, Mo (mg kg^{-1})$

With attention to results in Tables 3 and 4 showed different levels of N-fertilizers effects, iron plus molybdenum as foliar application on N, P, K, iron and molybdenum concentrations in the leaves of Jews mallow at marketing stage. Regarding rates of N fertilizers effects data show that different levels of nitrogen 50, 100, 125 and 150 % RD in single form resulted in significantly increase in N values in Jews mallow leaves which accounted to be 17.02, 28.28, 35.11 and 44.40 % for N over the control treatment, respectively. While such effect was realized for P, K, Fe and Mo contents tell the rate of 100 % RD in single form and then the contents of P, K, Fe and Mo in the dry matter of Jews mallow leaves were decreased as the rate of N-fertilization was increased from 125 % up to 150 % RD. These results are compatible with (Ahmed et al., 2002 and Gulser, 2005). Dilution effect leads to an increase in biomass due to increased nitrogen fertilization, which results in a decrease in micronutrient contents in leafy vegetables

Spraying iron and molybdenum with all levels of nitrogen fertilization led to a significant increase in the nitrogen concentration of Jews mallow leaves of nitrogen compared with the nitrogen content with the same nitrogen treatments without iron and molybdenum spraying. On the other hand; when soil applied N-fertilization levels increased from 125 to 150 %, P, K, iron and molybdenum concentrations in Jews mallow leaves were decreased, the same trend was showed in the presence and absence of Fe plus Mo foliar spraying. While, the lowest values N concentration in Jews mallow leaves of were recorded for the control treatment.

Table 3. Effect of different levels of N-fertilization, Fe + Mo as foliar way on nitrogen, phosphrous and potassium contents in Jews mallow leaves plant during 2015/2016 season.

contents in sews manow leaves plant during 2013/2010 season.					
Treatments	N %	P %	К %		
Control	1.216 ± 0.06	0.228 ± 0.004	1.773 ± 0.08		
Fe + Mo	1.323 ± 0.07	0.239 ± 0.009	1.886 ± 0.05		
50 % N	1.423 ± 0.06	0.247 ± 0.008	1.966 ± 0.04		
50 % N + (Fe + Mo)	1.880 ± 0.03	0.295 ± 0.005	2.323 ± 0.09		
100 % N	1.560 ± 0.04	0.283 ± 0.005	2.216 ± 0.04		
100 % N + (Fe + Mo)	1.986 ± 0.08	0.319 ± 0.003	2.583 ± 0.06		
125 % N	1.643 ± 0.06	0.270 ± 0.004	2.136 ± 0.03		
125 % N + (Fe + Mo)	2.110 ± 0.03	0.312 ± 0.007	2.496 ± 0.05		
150 % N	1.756 ± 0.07	0.258 ± 0.003	2.043 ± 0.10		
150 % N + (Fe + Mo)	2.190 ± 0.03	0.304 ± 0.008	2.400 ± 0.03		
F.Test	**	**	**		
LSD at 5%	0.0505	0.0044	0.0541		

The average values of iron plus molybdenum were significantly increased by increasing nitrogen fertilizer up to 150 % RD (Table 4). As shown in Table 3 and 4, the results showed that increased concentrations of nitrogen, phosphorus, potassium, iron and molybdenum with all levels of nitrogen fertilization in the presence of iron plus molybdenum spray. These results are in harmony with those obtained by (Abd-Allah, 2001; El-Sawah *et al.*, 2004; Salem, 2009; Ahmed *et al.*, 2011).

EL-Aila et al., (2015) they stated that foliar spraying of iron plus molybdenum coupled with different

levels of nitrogen fertilization on leafy vegetable, resulted in a significant increase of N, P, K, iron and molybdenum concentrations in the leaves than those obtained due to applying the same N levels only. The reason is that spraying with Fe and Mo combined together at any N levels due to iron and molybdenum promoted vegetative growth parameters, yield, increased chlorophyll, its components and chemical composition of leaves, thus increased the respective nutrient contents in leaf tissues than those obtained due to applying the same N levels only.

Table 4. Effect of different levels of N-fertilization, Fe + Mo as foliar way on iron and molybdenum contents in Jews mallow leaves plant during 2015/2016 season.

Treatments	Iron (Fe) mg kg ⁻¹	Molybdenum (Mo) mg kg ⁻¹
Control	1.92 ± 0.11	1.14 ± 0.11
Fe + Mo	2.55 ± 0.25	1.90 ± 0.14
50 % N	2.04 ± 0.21	1.30 ± 0.13
50 % N + (Fe + Mo)	2.78 ± 0.18	2.18 ± 0.13
100 % N	2.16 ± 0.17	1.45 ± 0.06
100 % N + (Fe + Mo)	2.98 ± 0.14	2.44 ± 0.16
125 % N	2.25 ± 0.17	1.60 ± 0.15
125 % N + (Fe + Mo)	3.21 ± 0.18	2.65 ± 0.15
150 % N	2.37 ± 0.16	1.74 ± 0.14
150 % N + (Fe + Mo)	3.41 ± 0.15	2.98 ± 0.12
F.Test	**	**
LSD at 5%	0.1561	0.1171

Nitrate (NO₃-N), nitrite (NO₂-N), Nitrate Reductase Activity (NRA) and protein percentage

The perusal of data presented in Table 5 reveals that the average concentrations of NO₃-N and NO₂-N and nitrate reductase (NRA) activity in Jews mallow fresh leaves as influenced by soil N-fertilization levels and foliarly applied of Fe+Mo combined together at the market maturity. The investigation of the effects of soil nitrogen levels on NO₃-N. NO₂-N concentrations showed that: with increasing N levels from 0 to 150 % RD, the average concentrations of NO₃-N and NO₂-N were significantly increased. Plants treated with 150% N from the recommended dose recorded the highest NO₃-N and NO₂-N accumulation in Jews mallow leaves (580.23 \pm 7.84 and 5.84 ± 0.13 mg kg⁻¹ F.W for nitrate and nitrite), respectively while this treatment recorded the lowest level of nitrate reductase (NRAA) activity. The lowest concentrations of nitrate and nitrite were in control plants. On the contrary of this trend, it was noted that there was a significant decrease in the nitrate reductase (NRA) enzyme activity (μ mol g⁻¹ min⁻¹ NO₂ F.W) with increasing nitrogen fertilization rates up to 150% RD. The r rates of decreasing were accounted to be 37.61%,44.76%, 50.95% and 59.52% for the treatments of 50, 100, 125 and 150 %, respectively.

These results may be explained on basis of; the excessive N fertilizer use may result in the accumulation of NO₃ in the leafy vegetable leaves and reduce the quality of the vegetable (Liu et al., 2014; Qiu et al., 2014). The excess are absorbed rapidly into the plant leading to higher and accumulated nitrate/nitrite levels and stored predominantly in the green leafy part of the plant. Nitrate itself is relatively non-toxic; however, it may be produce N-nitroso compounds resulting from nitrate transformed internally to nitrite, which can react with amines and amides thus produce carcinogenic substances that damage animals and human. These substances have been related to increased risk of diseases, an such

methemoglobinemia and have been associated with chronic diseases such as leukaemia and gastrointestinal cancers Santamaria, (2006).

Regarding nitrogen fertilizer levels effects in the presence of foliar spraying with Fe plus Mo together in Table 5 found that; the concentrations of nitrate and nitrite in Jews mallow leaves significantly declined than those obtained for the plants treated with the same levels of nitrogen fertilization only. As for nitrate reductase (NRA) enzyme activity, foliar spraying with iron plus molybdenum was more pronounced increases in the levels of enzyme activity (NRA) with all rates of nitrogen fertilization compared with those obtained from the same rates of nitrogen fertilization in the absence of iron plus molybdenum in foliar way as shown in Table 5.

Iron foliar spraying has the beneficial and stimulation effect on the activity of nitrate and nitrite enzymes, so iron plays a vital role on decreasing the content of nitrate and nitrite in Jews mallow leaves plant. Also, among the management practices used to reduce the NO₃⁻ accumulation in the leafy vegetables, the Mo application has been reported as an excellent alternative. This because the molybdenum involvement in the nitrogen fixation processes, transport of N compounds in plants and nitrate reduction thus it plays a significant role in nitrogen metabolism of plants. Thus, it is expected the application of Mo improves the N assimilation of plants, reducing the nitrate concentration in leaves and, consequently, improving the quality and commercial yield of leafy vegetables. So, the reduction of NO₃⁻ concentration in the leaves of leafy vegetable with Mo foliar application occurred because this micronutrient plays an indispensable role in the NO₃⁻ assimilation taken up by plants (Resende et al., 2010 and Liu et al., 2014). These results are confirmed with those obtained by (Abd-Allah, 2001; Hammad et al., 2007; Salem, 2009; El-Ghamry, 2010 and Sakara, 2016).

Table 5. Effect of different levels of N-fertilization, Fe + Mo as foliar way on nitrate, nitrite (mg kg⁻¹) and NRAA mg.min⁻¹.g⁻¹ F.W contents in Jews mallow leaves plant during 2015/2016 season.

T	NO ₃ -N	NO ₃ -N NO ₂ -N		Protein
Treatments	mg kg ⁻¹	mg kg ⁻¹	(µmol g ⁻¹ min ⁻¹ NO ₂ -) F.W	%
Control	411.30 ± 9.10	4.10 ± 0.08	0.210 ± 0.01	6.99 ± 0.35
Fe + Mo	395.80 ± 12.92	3.94 ± 0.09	0.219 ± 0.01	7.61 ± 0.40
50 % N	499.00 ± 8.50	5.12 ± 0.08	0.131 ± 0.01	8.18 ± 0.35
50 % N + (Fe + Mo)	435.03 ± 7.92	4.27 ± 0.09	0.188 ± 0.02	10.81 ± 0.20
100 % N	525.73 ± 8.43	5.28 ± 0.14	0.116 ± 0.01	8.97 ± 0.23
100 % N + (Fe + Mo)	441.13 ± 7.38	4.44 ± 0.11	0.172 ± 0.01	11.42 ± 0.46
125 % N	543.50 ± 7.90	5.48 ± 0.08	0.103 ± 0.01	9.45 ± 0.34
125 % N + (Fe + Mo)	457.76 ± 5.10	4.61 ± 0.14	0.159 ± 0.01	12.13 ± 0.19
150 % N	580.23 ± 7.84	5.84 ± 0.13	0.085 ± 0.01	10.1 ± 0.40
150 % N + (Fe + Mo)	473.46 ± 5.23	4.86 ± 0.11	0.145 ± 0.01	12.59 ± 0.19
F.Test	**	**	**	**
LSD at 5%	7.4651	0.0871	0.0147	0.2911

^{*}NRAA: Nitrate Reductase (NRA) Enzyme Activity

The average values of protein percentage (%) in Jews mallow leaves as influenced by single application of nitrogen rates with foliar application of Fe + Mo combined together are showed in Tables 5 & Fig. 2. The present data in Table 5 & Fig. 2 there was a significant increase in protein percentage (%) recorded with the application of soil nitrogen fertilization at (50, 100, 125 and 150 %) from the recommended dose. The highest value of protein percentage (%) was recorded with 150 % of nitrogen fertilizer from recommended dose.

Nitrogen is an essential macronutrient for plants. It is an important component for the synthesis and formation of chlorophyll, enzymes, vitamins and proteins in plants, and is a central part of the essential photosynthetic molecules Marschner, (1995). Nitrogen fertilization leads to increases in vegetative, increases protein content of crops, enhances the metabolic processes that based on protein, improve fruit quality, enhances the growth of leafy vegetables. The increase in the protein is an expected result to the successive increase in nitrogen level in response to nitrogen fertilizer. These results are agreement with Abayomi *et al.*, (2008) they found with increasing of NPK fertilizer application, increment in vegetative growth referring to role in activate and synthetic many enzymes in

plant. Such enzymes act as catalyst for making materials such as protein and starch.

With regard to the effect of the foliar spraying with iron plus molybdenum with the same of nitrogen fertilization levels, data in Table 5 indicated the average values of protein percentage (%) in Jews mallow leaves were significantly increase due to the foliar application of Fe and Mo comparing with those obtained from the same nitrogen fertilization levels in the absence of iron plus molybdenum in foliar way. The treatment of 150 % RD + (iron plus molybdenum) resulted in maximum amount of protein (12.95 \pm 0.19 %). While, the lowest values of protein percentage (6.99 \pm 0.35 %) were obtained from the control treatment.

As shown from Table 5 and Fig. 2, in spite of foliar application of Fe + Mo coupled with N rates under study led to sharp decreases in insoluble nitrogen forms (NO₃ and NO₂) compared with an addition of N rates only, it resulted in increases the total nitrogen content in Jews mallow leaves. It can be concluded that (Fe+Mo) foliar spraying led to an increase in the activity of nitrate reductase (NRA) enzymes, consequently more reduction of NO₃-N and NO₂-N were happened resulted in producing nitrogen compound like protein. Such results were reported by Abd-Allah (2001).

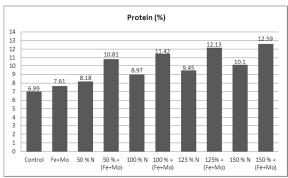


Fig. 2. Effect of different levels of N-fertilization and foliar spraying with (Fe plus Mo) on protein % in Jews mallow leaves plant during 2015/2016 season.

Level of vitamin C & total carbohydrates %

Results of Table 6 showed that; an application of nitrogen fertilizer rates significantly increased vitamin C content and total carbohydrates at marketing stage when

the fertilization rate N increased from 50 % up to 100 % in single form without and with iron plus molybdenum over the control treatment. On the other hand, increased nitrogen fertilizer rates from 100 to 150 % RD in single form significantly decreased the average values of vitamin C content and total carbohydrates (%) in leaves of Jews mallow.

Under current study, application of Fe + Mo together as foliar spraying with the same nitrogen fertilization levels led to increase the average values of vitamin C contents and total carbohydrates (%) in Jews mallow leaves comparing with those obtained from the same nitrogen fertilization levels in the absence of iron and molybdenum in foliar way. The maximum values of vitamin C content and total carbohydrates were 3.61 ± 0.21 mg/100 g and 11.94 ± 0.17 % found in (100 % N and Fe + Mo) treatment. The lowest values were recorded for the control treatment. These results in accordance with the findings of Mozafar, (2005).

Table 6. Effect of levels of N fertilization, Fe + Mo as foliar way on Vitamin C. mg 100g⁻¹ and total carbohydrates % contents of Jews mallow leaves plant during 2015/2016 season.

Treatments	Vitamin C mg 100g ⁻¹ F.W	Total Carbohydrates (%)	
Control	1.09 ± 0.14	9.16 ± 0.21	
Fe + Mo	1.38 ± 0.23	9.47 ± 0.17	
50 % N	1.65 ± 0.15	9.74 ± 0.17	
50 % N + (Fe + Mo)	2.83 ± 0.13	10.77 ± 1.12	
100 % N	2.53 ± 0.24	10.74 ± 0.15	
100 % N + (Fe + Mo)	3.61 ± 0.21	11.94 ± 0.17	
125 % N	2.25 ± 0.19	10.44 ± 0.19	
125 % N + (Fe + Mo)	3.44 ± 0.25	11.77 ± 0.17	
150 % N	1.95 ± 0.25	10.11 ± 0.19	
150 % N + (Fe + Mo)	3.15 ± 0.20	11.37 ± 0.12	
F.Test	**	**	
LSD at 5%	0.1812	0.3224	

Available nitrogen, phosphorus and potassium in the soil under study

With attention to results in Tables 7 showed different levels of N-fertilizers effects, iron plus molybdenum as foliar application on N, P and K soil available N, P and K after harvest of Jews mallow. It can be observed that; these treatments were found significant effect on soil available N, P and K. The significantly highest available N, P and K (87.04 \pm 1.22, 7.96 \pm 0.28 and 137.4 \pm 3.81 mg kg $^{-1}$) were recorded by treatment 100% RD of N fertilization + (Fe + Mo) comparing with the

control which recorded the lowest values. Increased availabilities of N, P, and K may maybe it is due to the rate of change in in soil nutrient which include mineralization, chemical complexation, decomposition adsorption or nutrient uptake by crops and soil organisms which led to altered ecosystem characteristics (Marrs, 1993). These results are compatible with Kamble and Kathmale, (2015) they found that 125% RD of NPK was recorded the significantly highest available nitrogen, phosphorus to onion appears to be enhancing soil fertility.

Table 7. Soil availability of N, P and K as affected by different levels of N fertilization and foliar application with Fe plus Mo.

with re plus Mo.			
Treatments	N mg kg ⁻¹	P mg kg ⁻¹	K mg kg ⁻¹
Control	42.57 ± 1.81	4.23 ± 0.28	91.43 ± 1.94
Fe+Mo	47.33 ± 1.49	4.61 ± 0.27	115.26 ± 3.77
50 Kg/N	52.73 ± 0.87	5.45 ± 0.25	79.03 ± 2.53
50 Kg/N + (Fe+Mo)	71.77 ± 1.64	7.25 ± 0.28	103.73 ± 3.92
100 Kg/N	67.45 ± 1.94	5.96 ± 0.34	97.5 ± 3.81
100 Kg/N + (Fe+Mo)	87.04 ± 1.22	7.96 ± 0.28	137.4 ± 3.81
125 Kg/N	62.53 ± 1.24	6.38 ± 0.39	109.73 ± 4.60
125 Kg/N + (Fe+Mo)	83.16 ± 0.87	7.64 ± 0.31	128.5 ± 3.60
150 Kg/N	58.22 ± 1.77	6.80 ± 0.37	84.66 ± 3.72
150 Kg/N + (Fe+Mo)	74.03 ± 11.28	4.97 ± 0.33	121.3 ± 4.52
F.Test	**	**	**
LSD at 5%	3.2222	0.2744	3.3394

CONCLUSION

This study showed the possibility of obtaining a safe return of Jews mallow plant (*Corchorus olitorius L.*) by treating plants at the rate of 100% nitrogen from the recommended dose (60 Kg N fed⁻¹) in the presence of iron plus molybdenum at the rate of 250 and 75 mg L⁻¹, respectively in the foliar way.

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تأثير التسميد النيتروجيني و الرش الورقي بالحديد والموليبدينوم على صفات الجودة والخواص الكيميائية لنبات الملوخية

دينا عبد الرحيم غازي

قسم الأراضي، كلية الزراعة، جامعة المنصورة